

# Caerphilly

## Better Advice: Better Lives Venues

Many people can now access a CAB adviser at their GP's Surgery or local Health Centre.

Troed-Y-Bryn Surgery	Alternate Mondays
Nantgarw Road Medical Centre	Alternate Mondays
White Rose Medical Centre, New Tredegar	Alternate Mondays
Caerphilly Children's Centre	Every Tuesday
Gelligaer Surgery, Hengoed	Alternate Tuesdays
Nelson Surgery	3 <sup>rd</sup> Tuesday of month
Courthouse Medical Centre	Alternate Wednesdays
Lansbury Park Surgery, Caerphilly	Alternate Wednesdays
Ty Bryn Surgery	Alternate Fridays

We also provide a benefits advice service specifically for families who have a child under 18 with additional needs.

**To find out more please contact us on 01443 835363 ext 229.**

Citizens Advice Caerphilly Blaenau Gwent provides free, independent and confidential advice to everyone on their rights and responsibilities. It values diversity, promotes equality and challenges discrimination.

### Our aims:

- To provide the advice people need for the problems they face
- To improve the policies and practices that affect people's lives.



Caerffili  
Blaenau Gwent  
Caerphilly  
Blaenau Gwent

## Opening hours and locations

February 2017



**Telephone advice is available from 9—5 Monday to Friday on 03444 772020.**

**For advice online, 24 hours a day, 7 days a week**

# Blaenau Gwent

**Call in:**

Arosfa House, High Street, **Blaina**, Blaenau Gwent, NP13 3AN  
 on **Wednesdays and Thursdays**  
 between 10:00– 1:00pm

**Better Advice: Better Lives Venues**

Venue	Day	Time
Children’s Disability Project, Blaina		Call 01443 835363 ext.
Glyn Ebwy Surgery, Ebbw	Alternate	9:00 - 12:30
Glan yr Avon Surgery,	Alternate	9:00 - 12:30
Bridge Centre Surgery, Abertillery	Alternate Fri-days	9:00 - 12:30
<b>Outreach Venues</b>		
Ebbw Vale Civic Centre	Mondays	9:00 - 1:00
Abertillery Library	Tuesdays	9:00 - 12:30
ViTEC Centre, Tredegar	Tuesdays	9:00 - 12:00
Llanhilleth Institute	Thursdays	10:00 - 12:00
Ebbw Vale Festival Church	Thursdays	1:00 - 4:30
Phoenix Project, Brynmawr	Thursdays	10:00 - 1:00

# Caerphilly

**Call in:**

41b Hanbury Rd, **Bargoed**, CF81 8QU  
 10:00 am - 1:00 pm  
 on **Tuesday, Wednesday or Friday**  
 Evening service: **Thursday** 5:00pm – 7:00pm

**Call in:**

Park Road, **Risca**, NP11 6BJ  
 10:00 am – 1:00 pm  
 on **Monday and Thursday**  
 Evening service: **second Monday of the month** 5pm – 7pm

**Outreach Venues**

Venue	Day	Time
Cefn Fforest Community Centre	Monday	9:00 - 11:30
Gelligaer St Catwg Hall	Tuesday	10:00 - 12:00
Cefn Hengoed Youth Centre	Wednesday	9:30 - 12:00
Bedwas Council Chambers	Wednesday	9:30 - 12:00
Lansbury Park (Old Police Station)	Wednesday	1:30 - 4:00
Newbridge Tabernacle Church	Thursday	9:30 - 12:00
White Rose Resource Centre	Thursday	10:30 - 12:30
Senghenydd Community Cntr.	Thursday	9:30 - 12:00
Graig-y-Rhacca Resource Cntr.	Thursday	1:30 - 4:00
Hafod Deg Resource Centre, Rhymney	Friday	9:30 - 12:00
Caerphilly Library	Friday	9:30 - 1:00
Caerphilly Library	Saturday	9:30 - 12:00